DARTFORD ROAD RUNNERS

Present the 10th

Joydens Wood 5K Series

To celebrate the 10th anniversary of this race series there will be 3 different 5k courses over the series - all traffic free in picturesque Joydens Wood

Sponsored by Sweatshop & Wise Insurance

(race entrance between 176-178 Summerhouse Drive, Joydens Wood, Dartford, Kent)

1st Race – Wednesday 26th May 2010
2nd Race – Wednesday 30th June 2010
3rd Race – Wednesday 28th July 2010
Each race will start at 7.15pm

Entry Fee – £5.00 per race OR
To enter all three races as a series £12.00 - Open to all runners!!!

(We can not accept entries on the day for the series. You must pre-enter to get discount)

Entries on the day accepted until the limit of 150 is reached.

Spot prize to every 10th finisher!!
An extensive prize list inc. Male/Female 1st 2nd 3rd Male 0/40 0/50
Female 0/35 0/45. First Men's & Lady teams – 3 to score
PLUS overall series winner for Male and Female

This will be an accurately measured course on public footpaths all within Joydens Wood. We thank the Woodlands Trust for giving us permission to stage these races. A donation will be given to the Woodlands Trust.
Please respect the country code and take all litter home with you.

Please note there is NO on site parking within Joydens Wood to preserve the surroundings, please park in Summerhouse Drive and surrounding roads and endeavour to car share! PLEASE be considerate to local residents at all times! There will be a manned bike area by race registration

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First Name:……
Surname:……..
Address:……
…… Post Code:……..
Age on day….. Date of Birth ...../...../……
Telephone Number:…….. Male/Female
Affiliated Running Club:……..
I would like to enter 1st race ☐ 2nd race ☐ 3rd race ☐ All three races ☐

I enclose my cheque for £ Made Payable to Dartford Road Runners
I declare that I will only take part in the chosen event if I am of good health and I will not hold the organisers responsible for any loss or injury however caused.

Signature:…… Date:……..

Entries to: Race Secretary, 4 Williams Way, Dartford, Kent DA2 7WF

DON'T FORGET A LARGE S.A.E. **WITH CORRECT POSTAGE** OR NO NUMBER!

☐ Please tick the box if you do **NOT** wish to be added to databases to be accessed by **only** SWEATSHOP and DARTFORD ROAD RUNNERS, for promotional purposes.