



KENT FITNESS CROSS COUNTRY LEAGUE 2011 / 2012

Yes I am afraid to say it's that time of the year again the cross country season is about to start, cold wet and muddy what else could give you so much pleasure on a Sunday morning.

This season's dates and venues are as follows

23rd October 2011 Knowle Park Sevenoaks

13th November 2011 Swanley Park Swanley

27th November 2011 Oxleas Wood Plumstead

2nd January 2012 Avery Hill Park Eltham

8th January 2012 Minis Bay Birchington

15th January 2012 Nurstead Court Meopham

19th February 2012 Rough Common Canterbury

All races start at 11:00am with a £2 entry fee

Watch this space for more information on the junior races to come

It is very important we get off to a good start this season so with a local race first it would be great to see as many of you as possible at Sevenoaks.

For further details please contact

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