

For Team Paddock Wood

We did write a thank you to everyone including Larkfield, but we really wanted to say a special Thank You to all of you who turned up last night.

Thanks to David Lindsey for being hauled off the train bundled into Richard Bidois car and driven at speed to Marden, so that he could be our timekeeper.

Thanks to Richard Bidois for doing the kidnapping at the station and for helping Pete put out and pick up arrows round the course and all the other jobs you got volunteered for.

Thanks to Jeanette Elliott for assisting with the time keeping and scoring - clearing up at the end, sorting out in the middle and everything else.

Thanks to Robin Hollamby for recording the times with David

Thanks to Richard Elliott, Fiona's mum Pam and Friend Pat for the water stop at mile 3.

Thanks To Rif Rowland, Aaron and Zara for organising the water at the end.

Thanks to all our fabulous Marshalls

Lorraine Shepheard

Margaret Poole

Trudi Westhrop plus one. (sorry don't know your name but your help was very much appreciated)

Julie Preston plus our troupe of cheerleaders at 7

Tony and Joss Richards

Mike Ridger

Barry Dorrity for cycling at the rear to ensure everyone's safe return.

Margaret Harris. Des and Alison White and Paul Hasler for encouragement and support

Thanks to all of you who ran, some for whom 10k was a big step, many of you who had raced non-stop over the weekend, and some recovering from injury yet you still came out for us. Sorry for the badgering over the last few weeks, it just goes to show how strong we are as a club. Well done to the following for managing to get a PB, Mirriam Dorrity, Lori Arnold, Colin Tricker, Steve Chalklin and to Neil Turner for competing his 1st 10K (yes I found it hard to believe too, nothing like stepping in at the deep end!!) – sorry if we've missed anybody's PB please let us know.

Finally thank you to all the wives who made fantastic cakes despite not being runners, watch out Larkfield , we might be having a baking match next!!

Here's to next year's Mob Match

Your grateful Road Running Reps

Pete & Fiona