



*Love
To Run*

Valentine 10ish Mile Challenge

A multi-terrain run organised by Vigo Runners

Sunday 12 February 2012
Start 10.30am

Vigo Rugby Club

Swanswood Field, Harvel Road, Vigo, Kent, DA13 0UA

*Be one of the runners in the first running of the Valentines Run.
Not the easiest run you will ever do, but possibly one of
the hardest and most rewarding to complete.*

**Entry Fee £10.00 in advance
(£12.00 on the day)**

*Further details and postal applications from Pete Foster
07931 515290 / email: fitnessadviser@aol.com*

Online entries at www.runnersworld.co.uk



Vigo Runners

VALENTINE 10ish MILE CHALLENGE

Sunday 12 February 2012
Start 10.30am
APPLICATION

NAME

ADDRESS

POST CODE

CONTACT TELEPHONE NUMBER

EMAIL ADDRESS

DATE OF BIRTH

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Y	Y
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 AGE ON RACE DAY

EVENT DAY EMERGENCY CONTACT

NAME.....CONTACT NUMBER

RUNNING CLUB DETAILS

OTHER

ENTRY FEE £10.00 IN ADVANCE (£12.00 ON THE DAY)

POSTAL ENTRIES to Peter Foster, 1 The Covert, Vigo, nr Meopham, Kent, DA13 0SY
*Entries must arrive no later than Wednesday 8 February 2012.
Contact telephone number 07931 515290. Please make entry cheques payable to VIGO RUNNERS.
You must enclose a STAMPED ADDRESSED ENVELOPE.*

ONLINE ENTRIES available via www.runnersworld.co.uk (nb admin fee payable)

DECLARATION

I declare I will be over the age of 16 on the day of the event and agree that Vigo Runners shall not be liable for any injury, accident, loss of or damage to personal property to myself, anyone accompanying me, or the general public as a consequence of my participation in this event. I am medically fit and in good health at the date of application and agree that I will not run if this position changes between the date of application and the day of the event.

Signature Date

FOR OFFICAL USE ONLY: