

## PWAC YOUTH CROSS COUNTRY SECTION

### FEBRUARY UPDATE

Well done to those who have taken part in cross country for the club season.

Sunday 7<sup>th</sup> February saw the last of the Kent Fitness League Junior Races in Blean Canterbury.

Well done to the following PWAC who finished Sunday:

U11 Boys – John Janse finished 9<sup>th</sup> in 10.56

U13 Boys- Ben Barnett finished 6<sup>th</sup> in 9.43.

Finally in the U17 Boys Luke Reeves continued his fine form to win the overall standings for the U17B League this season.

The Final League Standings are as follows, this also includes the top places within the PWAC Kent Fitness League Standings, a medal will be awarded to those PWAC runners below that took part and it will be presented on club nights 16<sup>th</sup> and 18<sup>th</sup> Feb:

#### U11 Boys

**John Janse:** 14<sup>th</sup> league finish completing 3 races - **Gold Medal Winner PWAC**

**Dillion Dew:** 15<sup>th</sup> league finish completing 3 races- **Silver Medal Winner PWAC**

#### U13 Boys

**Evan Wild:** 4<sup>th</sup> league finish completing 5 races- **Gold Medal Winner PWAC**

**Benjamin Barnett:** 7<sup>th</sup> league finish completing 4 races- **Silver Medal Winner PWAC**

#### U17 Boys

**Luke Reeves:** 1<sup>st</sup> in the league completing 5 races- **Gold Medal Winner PWAC**

**Charles George:** 2<sup>nd</sup> in the league completing 1 race- **Silver Medal Winner PWAC**

**Luke Mitchel:** 3<sup>rd</sup> in league completing 1 race- **Bronze Medal Winner PWAC**

Also special mention and a well done to other PWAC young athletes that have competed for PWAC at the Tonbridge One Mile Races:

October 2015: 22<sup>nd</sup> Freya Kirk-Martin Paddock Wood 8.29m and Liam Simms Paddock Wood AC 8.52 m

November 2015: Chloe Exall Paddock Wood 8.48m and Joe Stone 7.32m

January 2016: Joe Stone Paddock Wood 7.43m Alex Stone 8.18m and Jason Jones 8.39m

**FINALLY COACHES CORNER:**

**SEE YOU ALL NEXT SEASON. GOOD LUCK IN YOUR TRACK SEASON,  
REMEMBER A GOOD TRACK SEASON WILL MAKE YOU EVEN STRONGER  
FOR THE MUD AND HILLS IN THE X-COUNTRY SEASON! LET'S AIM TO  
MAKE OUR TEAMS BIGGER AND BETTER NEXT YEAR!**

My email is: [sportspark@kingshillparish.gov.uk](mailto:sportspark@kingshillparish.gov.uk) or mobile: 07402014577 should you want to ask any questions in relation to competing during the summer or training questions you may have ☺