

**AGE GRADING 2019-2020**

	<b>5K</b>	<b>5 Mile</b>	<b>10 K</b>	<b>10 Mile</b>	<b>Half Marathon</b>	<b>20 Miles</b>	<b>Marathon</b>	<b>Best Five Total</b>
Mandy Barker			75.27	68.26	71.61			
Kate Cole			63.14					
Amber Coulstock			46.63					
Helen Davis			45.90					
Elsbeth Denyer			46.61					
Jeanette Elliot			55.00					
Melissa Ferns				49.48	63.67			
Kelly Large			48.99		47.24			
Julie Harker				45.74				
Vanessa Markham					57.64			
Joanne Paine			50.08		47.41			
Jane Pilbeam	54.56							
Caroline Richards				64.36				
Annie Ross			67.29					
Lorraine Shephard			66.49					
Ophelie Thenault			59.84					
Dianne Tilston			48.50		50.93			
Natasha Wild			55.96					
Georgios Antikatzides			30.34					
Wayne Balmer	76.17		74.75					
Simon Barker		52.83	58.61		49.22			
Tom Barker			59.99					
Lukas Bates			67.38		68.24			
Ron Carr			62.95					
Steve Chivers					66.96			
Noel Davy			57.43					

Nick Denbow			76.15	61.95				
Richard Elliot			58.43					
Rob Everitt			72.16					
Michael Gibbs				56.15	64.98			
Dan Grimwood			67.65		70.63			
Jamie Halliday					43.53			
Sam Harker			61.56	48.37				
Darren Hendley					52.60			
Ben Hepburn					72.46			
Gareth Hughes			49.24		45.19			
Steve Large			65.17		61.95			
Dave Lawrence			74.31					
John Markham			54.17		51.92			
Jordan Northfield			54.43					
Phil Northfield	67.54		66.02					
Daniel Pickford			53.07					
Mark Rich					47.98			
Duncan Riordan	51.95	65.58	67.68					
David Sampson			79.56					
Kim Stanley			72.12					
Ian Sutherland				75.57	75.61			
Adam Tibbals			76.02	64.74	62.07			
John Tilston			58.79					
John Tolhurst			71.19					
Mark Wild			50.96					
Steve Wright			66.95					
Harry Young			74.84					