List of Paddock Wood Athletic Club's Coaches & Qualifications

Coach (Name)	Level(s)	Discipline(s)	Ancillary Qualifications	E-Mail & Contact Nos.
Mike Duffin	3 Coach 3 Coach 3 Coach 3 Coach	Performance Coach All Events Development Coach All Events Javelin Speed, Jumps, Throws, Endurance (Young Athlete)	First Aid At Work & Defib National Weight Training Workshop Equity In Coaching NSPCC Child Protection National Hurdles Workshops & Masterclass National Conditioning Workshop Regional Long & Triple Jump Workshop Diploma Sports Psychology	mike.duffin16@gmail.com 01892 833888 07803 148925
Janet Duffin	3 Coach 3 Coach	Development Coach All Events Speed, Jumps, Throws, Endurance (Young Athlete)	First Aid At Work Equity In Coaching NSPCC Child Protection Regional Hurdles Workshop	janduff.com12@gmail.com 01892 833888 07734 698593
Liz Duffin	3 Coach 3 Coach 3 Coach	Hurdles, Performance Strength & Conditioning Speed	First Aid At Work And Defib Equity In Coaching NSPCC Child Protection National Hurdles Workshops & Masterclass Regional Long & Triple Jump Workshop	liz_duffin@hotmail.co.uk 01892 833888 07711 657808
Janine Brown	3 Coach 3 Coach 3 Coach	Multi-Events Young Athletes Endurance Young Athletes Athletics Coach	First Aid And Defib National Sprints Workshop Wheelchair Athletics Workshop	j9brown81@hotmail.co.uk 07402 014577
Mike Ridger	3 Coach	Sprints	First Aid At Work	mike.ridger@outlook.com 01892 833601 07831 647615
Mark Woods	2 Coach	Sprints		markr.woods@btinternet.com 01892 833594 07860 276220
Dave Perman	3 Coach 3 Coach 3 Coach	Performance Coach Throws Plus Hammer Discus	Coach Development Hammer Workshops Javelin, Shot, Discus Event Technical Workshop Athletics Coach Hammer	dmp101151@gmail.com 01892 834238 07884 231981

	3 Coach	Athletics Coach	Athletics Coach Discus Events Group Throws Athletics Coach Hammer Practical Athletics Coach Discus Practical Regional Coach and Athlete Workshop - Throws British Athletics Safeguarding in Athletics Regional Coach & Athlete Development Workshops South East Technical Workshop South Movement Skills Workshop	
Lorraine Shepheard	2 Coaching Assistant	Young Athlete	Professional Childminder	lorraineshepheard@hotmail.co.uk 01634 248150
Leslie Stone	2 Coaching Assistant	Young Athlete		leslie.o.stone@gmail.com 01580 890325 07780 606038
Nick Brown	2 Coaching Assistant	Running	First Aid	nickbrown28@icloud.com 01892 723691 07812 195614
Duncan Riordan	2 Leader In Running Fitness	Running		duncanriordan@aol.com 07866 340592
David Sampson	1 Coaching Assistant	Running		
Nathan Chapman	Leader Coaching Assistance Athletics Coach	Leadership in running fitness Coaching Asistant Coach in Running Fitness Safeguarding Children		
Sarah Cronin	Leader Athletics Coach	Leadership in running fitness Coach in Running Fitness		
Maxine Mcinulty	Leader	Leadership in running fitness Safeguarding Children		
Adam Tibbals	Leader	Leadership in running fitness Safeguarding Children		