

AGE GRADING 2020-2021 at 5-1-22

| | 5K | 5 Miles | 10K | 10 Miles | Half Marathon | 20 Miles | Marathon | Best 5 Total |
|-----------------------|-----------|----------------|------------|-----------------|----------------------|-----------------|-----------------|---------------------|
| Georgios Antikatzides | 49.15 | | | | 43.02 | | | |
| Mick Barstow | | 67.55 | | | | | 52.84 | |
| Alex Chart | | | | | | | | |
| Steve Chivers | | | | | | | 61.48 | |
| Robert Day | | | | | 59.83 | | | |
| Nick Denbow | | | | | 74.52 | | 75.18 | |
| Laura Douse | | | | | 55.66 | | | |
| Heidi Evans | | | 57.20 | | | | | |
| Terry Felvus | | | | | 59.75 | | | |
| Melissa Ferns | | | | | | | 59.68 | |
| Charles George | | | | | 77.24 | | | |
| Michael Gibbs | | | | | | | 68.26 | |
| Joe Gower | | | | | 54.76 | | | |
| Terry Grimwood | | | 59.99 | | | | | |
| Sam Harker | | | | | 55.03 | | | |
| Darren Hendley | | | | | 51.88 | | | |
| Victoria Holden | | | | | 50.26 | | | |
| Emma Hollands | | | | | | | 65.39 | |
| Tracey Horne | 78.91 | | | | 82.07 | | | |
| Steve Lindsey | | | | | 53.95 | | 54.83 | |
| Tom Livesey | | | 62.66 | 60.55 | 57.91 | | | |
| John Markham | | | | | | | | |
| Vanessa Markham | | | | | 52.40 | | | |
| Becky Morrish | 76.85 | | 80.36 | | | | | |
| Gary Nichols | | | 78.26 | | | | | |
| Jackie O'Reilly | | | | 69.29 | | | | |
| Mark Rich | | | | | | | 50.66 | |
| James Ridger | | | | 71.24 | | | | |
| Lyndsey Ritchie | | | | | 63.96 | | 54.19 | |
| David Sampson | | | 81.72 | | | | | |
| Lorraine Sheppard | | | | | 51.28 | | 55.06 | |

