

AGE GRADING 2020-2021 at 20-4-22

	5K	5 Miles	10K	10 Miles	Half Marathon	20 Miles	Marathon	Best 5 Total
Georgios Antikatzides	49.15		39.13		43.02			
Mick Barstow		67.55			73.12			
Matt Botten				65.17	66.20	61.47	57.45	
Alex Chart							52.84	
Steve Chivers							61.48	
Noel Davy				44.88				
Robert Day					59.83			
Nick Denbow					74.52		75.18	
Laura Douse					55.66			
Heidi Evans			57.20					
Terry Felvus					59.75			
Melissa Ferns				65.43	66.31		59.68	
Charles George	78.77				78.74			
Michael Gibbs					70.99		68.26	
Joe Gower					54.76			
Terry Grimwood			59.99					
Sam Harker					55.03			
Darren Hendley					51.88			
Victoria Holden					50.26			
Emma Hollands							65.39	
Tracey Horne	78.91				82.07			
Dave Lawrence				73.45	74.34			
Steve Lindsey					53.95		54.83	
Tom Livesey			62.66	60.55	57.91			
John Markham								
Vanessa Markham					52.40			
Becky Morrish	76.85		80.36					
Gary Nichols			78.26					
Jackie O'Reilly				69.29	70.78			
Shannon O'Reilly					52.45			
Mark Rich					59.37		50.66	

