

NATIONAL YOUTH DEVELOPMENT LEAGUE 2023
(LOWER AGE GROUP - U13 & U15)

Hi,

This is an invitation for U13 & U15 Boys and Girls who would like to compete for our team in this league. There are 4 matches this year in this league and we are competing as a composite team with Folkestone. The match dates and venues are as follows: -

- | | | |
|--------------------------------------|--------------------------------|--------------------------|
| Match 1 – Sun 7 th May – | William Parker School Hastings | <input type="checkbox"/> |
| Match 2 – Sat 3 rd June – | Lewis Leisure Centre | <input type="checkbox"/> |
| Match 3 – Sat 8 th July – | Mile End Park | <input type="checkbox"/> |
| Match 4- Sat 22 nd July – | Central Park Dartford | <input type="checkbox"/> |

PLEASE TICK THE BOXES FOR WHICHEVER MATCHES YOU CAN MAKE

Name DOB EA/membership number.....

Phone no.....Email.....

The events available for you to do are listed below. Please make sure you can do the events you choose.

Team selection will go on previous results.

There are no non-scoring field events and only 2 non-scoring races 800m & 75/100m.

NATIONAL YOUTH DEVELOPMENT LEAGUE LOWER AGE GROUP							
			EVENTS				
TRACK	AGE/GENDER	Y/N		FIELD	AGE/GENDER	Y/N	
75M	U13B&G			HAMMER	U15B&G		
100M	U15B&G			SHOT	ALL		
150M	U13B&G			DISCUS	U15B&G		
200M	U15B&G			JAVELIN	ALL		
300M	U15B&G			H/JUMP	ALL		
800M	ALL			L/JUMP	ALL		
1200M	U13B&G			P/VAULT	U15B&G		
1500M	U15B&G						
70M Hur	U13G						
75M Hur	U13B&U15G						
80M Hur	U15B						
4X100M R	ALL						
4X300M R	U15B&G						

Please tick the events you would like to do in the Y/N columns.

You can do a maximum of 4 events but one of them **MUST BE A RELAY**

Please return this form to Elizabeth or Mike Duffin at training as soon as possible or to the email address below.

Remember – you must be a registered club member to compete

Janet Duffin

Janduff.com12@gmail.com