

NATIONAL YOUTH DEVELOPMENT LEAGUE 2024
LOWER AGE GROUP (U13 & U15)

Hi,

This is an invitation for U13 & U15 Boys and Girls who would like to compete for our team in this league. There are 4 matches this year in this league and we are competing as a composite team with Folkestone. The match dates and venues are as follows:-

- Match 1 – Sat 20th April –** Tooting Bec SW17 8AR
- Match 2 – Sun 19th May – Basildon Sports Village SS14 3GR
- Match 3 – Sun 16th June – Mile End Stadium E3 4HL
- Match 3 – Sun 21st July– Central Park Dartford DA1 1JU

Name DOB EA /membership number.....
 Phone no..... Email.....

PLEASE TICK THE BOXES FOR WHICHEVER MATCHES YOU CAN MAKE

The events available for you to do are listed below. Please make sure you can do the events you choose. **Team selection will go on previous results.**

There are no non-scoring field events and only 2 non-scoring races 800m 75/100m.

NATIONAL YOUTH DEVELOPMENT LEAGUE LOWER AGE GROUP						
EVENTS				EVENTS		
TRACK	AGE/GENDER	Y/NO		FIELD	AGE/GENDE R	Y/NO
75M	U13G			HAMMER	U15B&G	
100M	U13B, U15B&G			SHOT	ALL	
150M	U13G			DISCUS	U15B&G	
200M	U13&15B, U15G			JAVELIN	ALL	
300M	U15B&G			H/JUMP	ALL	
800M	ALL			L/JUMP	ALL	
1200M	U13G			P/VAULT	U15B&G	
1500M	U13&15B, U15G					
70M Hur	U13G					
75M Hur	U13B&U15G					
80M Hur	U15B					
4X100M R	ALL					
4X300M R	U15B&G					

Please tick the evens you would like to do in the Y/NO columns.

You can do a maximum of 4 events but one of them **MUST BE A RELAY**

Please return this form to Elizabeth or Mike Duffin at training as soon as possible.

Remember – you must be a registered club member

**** First match may not be at Tooting but Sutcliffe Park**